



## First Times Empathy Cards for Parents

The edifying messages in the Motherwise First Times Empathy Cards fit conveniently into most envelopes. Mail them with a return address and signature, or leave anonymously for someone experiencing a "first time." Simply print a copy, cut on the dotted lines, fold on the solid lines and share with someone whom you would like to say, "Been there, done that."

Find the complete set of First Times Empathy Cards covering life's parental milestones at [www.motherwise.us](http://www.motherwise.us).

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[www.motherwise.us](http://www.motherwise.us)



Word from the Motherwise:  
Get used to feeling alone and practice saying  
"I told you so."

If you remind yourself that  
you're a strong independent  
thinker, it's not so ba-a-d.

*On The Occasion Of Your  
First Time Being The Only  
Parent to Say "No"*

